



Oslo

Confidentiality

The career counselor has a duty of confidentiality. This means that the career counselor can not tell someone about what you talked about during the counseling sessions.

Interpreter

At Karriere Oslo, we use qualified interpreters in the career counseling we provide.

Career note

When the career counseling is finished, the counselor will write a note from the conversations regarding your wishes and opportunities for education and work in Norway. Your contact person in NAV will read this note. NAV then receives important information about your wishes and plans which will be important in planning your introductory program.

Integration plan

Following the career counseling, yourself, NAV and a language consultant at the service center will meet to write your first integration plan.

Welcome!

Adress:

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0661 Oslo

Telephone:

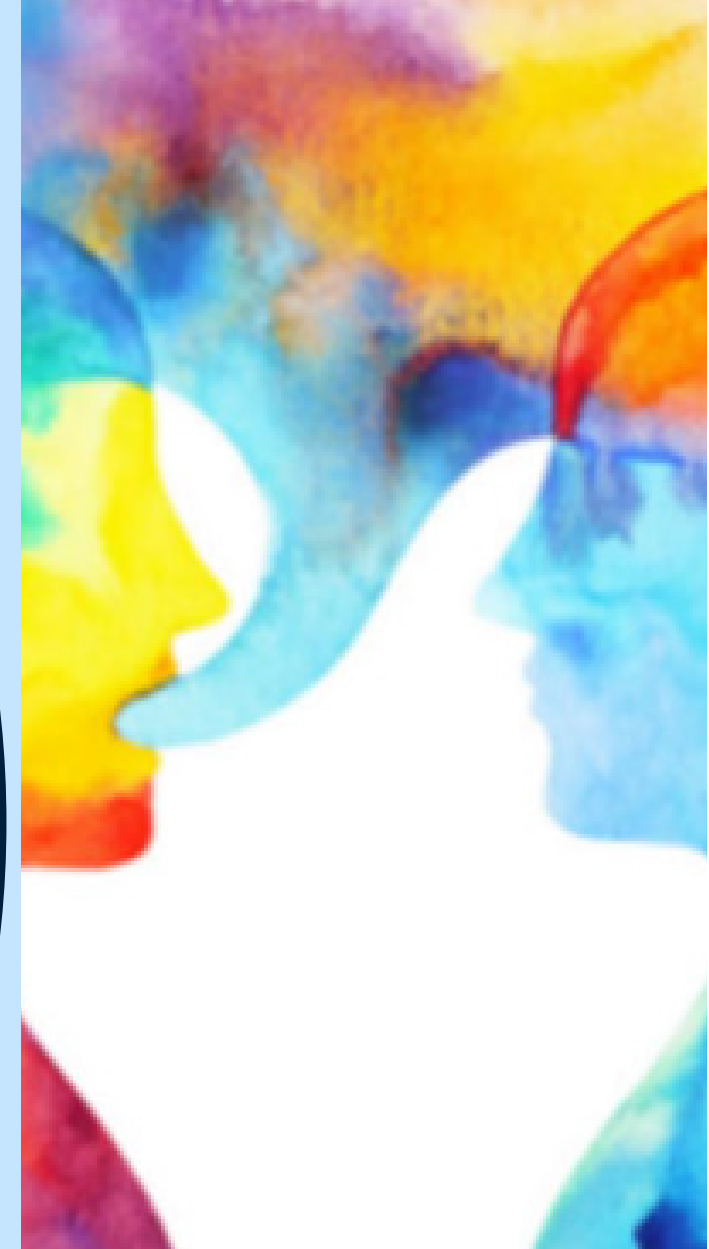
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Oslo

Early career counseling

For newly arrived
refugees

Career counseling

Career counseling should both help you with, and make you feel more confident in making good choices about education and work in Norway. At Karriere Oslo, you will meet a career counselor who will talk to you about your abilities and what you want to do.

The career counselor will also talk with you about what you have done earlier in your life, and about how you can use your previous experience in Norway. We want the best for you, and we always respect you and your situation.



Reflection

At Karriere Oslo you will meet a career counselor who wants to talk to you about what you have done in the past, your interests, who you are and what you want to do when it comes to work and education in Norway.

Your story

We think you have a lot of knowledge and previous experience which will be important in your new life in Norway. That is why we hope that you also want to tell us something about your life in your home country.

You decide

You and the career counselor agree on what you should talk most about in the counseling sessions. It is you who will make the choices for your own future. The career counselor does not decide on what you need to do or what you should choose, but you can look at different possibilities together.

Several important meetings

When you first arrive in Oslo, there will be several meetings at Oslo Adult Education Service Center:

1. Mapping
2. Career counseling
3. Meeting for integration plan

These meetings are connected, and it is important that you attend all them.

